

GET SUPPORT DAY OR NIGHT

No question is too big or too small. Call our 24/7 Helpline (800.272.3900) for free, around-the-clock help and the latest information.

"I called the Helpline multiple times. It was my lifeline." - Valerie, Caregiver & Walk Manager

alzheimer's association®

24/7 HELPLINE:

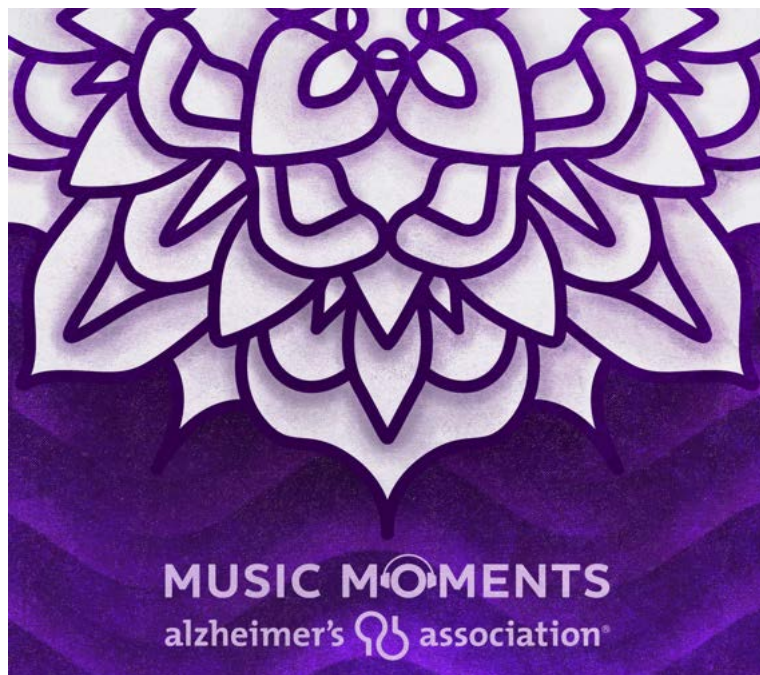
800.272.3900



DOWNLOAD THE SCIENCE HUB APP

The Alzheimer's Association Science Hub is a free app that provides the latest news, information and expert views about Alzheimer's and dementia research. As the global leader in Alzheimer's and dementia science, the Alzheimer's Association shares the latest research news and trusted perspectives, vetted by a team of scientists.

alz.org/sciencehub



INTRODUCING "MUSIC MOMENTS" ALBUM

Ten Artists. One Album. One Cause

A collection of new recordings and unreleased tracks by award-winning artists honoring the personal, emotional connection between music and the most important moments in life that we never want to lose.

alz.org/musicmoments

THE HOLIDAYS & DEMENTIA DURING COVID

The holidays often present challenges for caregivers but this year will include additional concerns due to the pandemic. For tips and ideas for safely engaging with family and friends during the holidays please visit:

www.alz.org/help-support/resources/holidays

Virtual education programs continue. Learn more and RSVP at www.alz.org/crf or call our 24/7 Helpline at 800.272.3900.

Check out the attached monthly calendar.