

Safeguarding a loved one with cognitive loss

Safety is important for everyone, but the need for a comprehensive safety plan becomes vital as dementia progresses. Wandering and getting lost is common among people with dementia and can happen during any stage of the disease. By taking measures to improve safety, you can prevent injuries and help the person with Alzheimer's feel more relaxed, less overwhelmed and maintain his or her independence longer.

For a safety checklist and related resources, call our 24/7 Helpline at 800.272.3900 or visit alz.org/safety. Funds are also available for home safety items and respite. by calling Vicki at 406.234.6034.

TOP 3 ALZHEIMER'S SAFETY TIPS

- Talk about driving after a diagnosis.
- Assess your home for safety concerns.
- All people with dementia are at risk for wandering or getting lost.

Enroll in Medic Alert® + Alzheimer's Association Safe Return® today.

Take time today to prepare for tomorrow

Legal and financial planning are always important, but especially so when dealing with Alzheimer's or other types of dementia. It can be difficult to determine care options and programs available to help offset costs. Families need accurate information specific to the disease.

Learn about essential issues to consider, how to put plans in place, and how to access legal and financial resources near you.

- **Free Legal Clinics** with document preparation, contact Legal Service Developer 406.444.7787 for schedule.
- **Information Packet** with Montana-specific materials, request from Keri at 406.994.3511 or khayes@montana.edu.
- **Legal and Financial Planning Program** for Alzheimer's and other dementias (available on-line or in-person), contact the Alzheimer's Association at 800.272.3900 or montana@alz.org.



JOIN THE FIGHT FOR ALZHEIMER'S FIRST SURVIVOR

By taking part in the Walk to End Alzheimer's and by encouraging others to do the same, you support a cause that impacts thousands across Montana and millions more nationwide.

Every dollar raised helps enhance care and support programs and advance research toward methods of treatment, prevention and, ultimately, a cure.

This inspiring event calls on people of all ages and abilities to join the fight against Alzheimer's — a disease that can't be prevented, cured or even slowed. But one day we will end Alzheimer's - with your help.



800.272.3900 | alz.org/walk

START /JOIN A TEAM or DONATE

Billings	Sunday, September 22
Bozeman	Sunday, September 15
Great Falls	Saturday, September 21
Helena	Saturday, September 7
Kalispell	Sunday, September 8
Missoula	Sunday, September 28