



This year Walk to End Alzheimer's is happening on every sidewalk, track and trail across this country. Because Alzheimer's isn't waiting. Neither are you.



Patient & Family Care Resources Packets

Order for yourself, your clients, patients or patrons. Contact montana@alz.org or call our 24/7 Helpline at 800.272.3900. Offered free of charge.

Learn about the latest in dementia research

as shared during the July Alzheimer's Association International Conference - www.alz.org/aic.

Highlights include these headlines:

- Alzheimer's Blood Tests Show New Promise, Giving Decades of Early Warning
- Flu & Pneumonia Shots May Lower Risk for Alzheimer's
- Poor Health in Teens and 20s Raises Risk of Dementia Later
- 9/11 First Responders have Increased Risk of Cognitive Disorders
- The Impact of COVID-19 on Alzheimer's Research, Long-Term Care and the Brain

EDUCATION PROGRAMS

offered by webinar, phone and online. No cost to take part.

Program topics include:



- COVID-19 and Caregiving
- Understanding Alzheimer's & Dementia
- Effective Communication Strategies
- Difficult Conversations in Dementia Care
- Understanding Dementia Behaviors
- Living with Dementia series

Learn more and RSVP at www.alz.org/crf or call our 24/7 Helpline at 800.272.3900.

COULD AN ANNUAL FLU SHOT PROTECT AGAINST ALZHEIMER'S?

According to data presented at #AAIC20

A SINGLE FLU VACCINATION
may be associated with a 17% reduction in Alzheimer's

MORE FREQUENT
flu vaccinations may be associated with an even lower prevalence of Alzheimer's

alzheimer's association®