

## Montana Caregiver Act helps in times of hospitalization



**Family caregivers in Montana now have more support. The Montana Caregiver Act.**

KEEP THIS CARD IN YOUR WALLET

**WHEN YOU ENTER THE HOSPITAL**  
Flip this card for information about **The Montana Caregiver Act**

**I♥Caregivers** **AARP Real Possibilities Montana**

**The Montana Care Act requires hospitals to:**

- ♥ Provide you the opportunity to designate a family caregiver
- ♥ Notify your caregiver when you are to be discharged back home or to another facility
- ♥ Instruct your caregiver on the medical tasks that will need to be performed at home

Name of Caregiver: \_\_\_\_\_  
For more information and caregiver resources, visit [aarp.org/mt](http://aarp.org/mt) or [aarp.org/caregiving](http://aarp.org/caregiving).

The Montana Caregiver Act helps family caregivers when their loved ones go into the hospital and as they transition home. The Caregiver Act requires hospitals to:

- Provide you the opportunity to designate a family caregiver.
- Notify your caregiver when you are to be discharged back home or to another facility.
- Instruct your caregiver on the medical tasks that will need to be performed at home such as medication management, injections, and wound care.

Download your own wallet card at [www.aarp.org](http://www.aarp.org). In the search box, enter CARE Act then scroll down to find the link to Montana. Or contact AARP Montana at 1.866.295.7278. For more information about caregiving resources, visit [aarp.org/caregiving](http://aarp.org/caregiving).

## 'Thank you' cards helpful for caregivers

alzheimer's association®  
800.272.3900 | alz.org®

**Thank you for your patience**  
the person with me has a type of dementia and may require extra time and understanding

Alzheimer's Association cards can be helpful in many situations – whether in a store, restaurant or even while traveling – these cards can help you to discretely and easily communicate to others that extra patience is needed and appreciated.

Order your no-cost cards by calling our 24/7 Helpline at 800.272.3900. While you're on the line, ask for our tip sheets and resources on traveling and summer safety ideas. Visit [alz.org](http://alz.org) to learn more.

## American Ad Council campaign elevates Alzheimer's awareness with 'Our Stories'

*More than 5 million Americans live with Alzheimer's but fewer than half are ever diagnosed.*



Close family members, who know their loved ones best, are typically the first to notice memory issues or cognitive problems, but they are often hesitant to say something – even when they know something is wrong. It can be hard to acknowledge why your loved one may be acting differently, but early detection of Alzheimer's can make a significant difference in managing the disease.

The American Ad Council partnered with the Alzheimer's Association to develop the 'Our Stories' campaign, sharing real stories of families who have benefited from early detection of Alzheimer's and empowering people to have critical conversations with loved ones.

If you're concerned that you or your loved one may have Alzheimer's or another dementia, you are not alone. Call the Alzheimer's Association 24/7 Helpline at 800.272.3900 for immediate assistance and a full array of no-cost resources. Ask about the benefits of early detection and conversation starter kits.

**It's time to talk about Alzheimer's.**

[alz.org/ourstories](http://alz.org/ourstories)

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