

OCCASIONALLY,  
I HAVE SOMETHING  
TO SAY BUT THE  
WORD I WANT IS  
LOST OR COMES  
OUT WRONG.



KNOW  
WHERE  
ALZHEIMER'S  
HIDES.



New problems with words or speaking  
is one warning sign of Alzh.  
Learn the others at alz.org  
or call 800.272.3900

Campaign partners include the DPHHS and Montana Alzheimer's/Dementia Work Group.

## June is Alzheimer's and Brain Awareness Month KNOW WHERE ALZHEIMER'S HIDES

Alzheimer's often hides in plain sight. The nation's largest under-recognized public health crisis, Alzheimer's impacts over 22,000 Montanans and another 5.8 million Americans.

During Alzheimer's and Brain Awareness Month, the Alzheimer's Association is working to bring Alzheimer's out of hiding. The newly introduced "Know Where Alzheimer's Hides" campaign is designed to break stigmas associated with dementia and help connect all communities to critically needed services and resources.

For more information, contact the Alzheimer's Association at [montana@alz.org](mailto:montana@alz.org) or our 24/7 Helpline at 800-272-3900. The Helpline is staffed day and night by trained professionals, even over the holidays - free of charge.

## What will you do to fight Alzheimer's on June 20?

Montanans can join the effort to fight the darkness of Alzheimer's on The Longest Day—the summer solstice. On June 20, people all across the state and nation will be raising critical awareness and funds to advance Alzheimer's care, support, and research - each in their own unique socially-distanced way. Use the day with the most light to help end the darkness of Alzheimer's and all dementias. Visit [alz.org/tld](http://alz.org/tld).

THE LONGEST DAY  
alzheimer's association®



### Now available - Virtual Education Programs

We offer a variety of topics, professional speakers, and an opportunity to ask questions if you desire. Learn valuable skills and information without leaving home. Watch real time or view recorded webinars. [www.alz.org/crf](http://www.alz.org/crf) or 800.272.3900.

#### Topics include:

- NEW: COVID-19 and Caregiving
- Effective Communication Strategies
- Dementia Conversations: Driving, Doctors, Legal/Financial Plans
- Understanding Alzheimer's and Dementia
- Understanding & Responding to Dementia Related Behaviors

MSU EXTENSION  
COVID-19 Resources  
FOR YOU AND YOUR FAMILY

MSU Extension has just released fillable forms for a Montana Health Care Power of Attorney. A fillable PDF version of the forms is available at the estate planning publications site: <http://www.montana.edu/estateplanning/eppublications.html> Scroll down to #19.