

Most Common
Helpline Calls



- How to access resources
- Information on care options
- General disease information and getting a diagnosis
- Tips to handle caregiver stress
- Tips on caregiving challenges

"I just needed someone on the other end of the line today who could give me a scrap of hope."

"I looked at the number and thought, 'What can they tell me that I don't already know?' Now I wonder what took me so long to call."

Alzheimer's Association
24/7 Helpline 800.272.3900

Dementia respite program:
Vicki at 406.234.6034



Now's the time to prepare for tomorrow

Legal and financial planning are always important, but especially so when dealing with Alzheimer's or a related dementia. It can be difficult to determine care options and programs available to help offset costs. Families need accurate information specific to the disease.

Topics to consider include:

- Making legal plans that fit your needs
- Legal documents you'll need and what they mean
- How to find legal and financial assistance
- Practical strategies for planning long-term care
- Tax deductions and credits
- Government programs that can help pay for care

There are several valuable resources in Montana to help you learn about essential issues to consider, how to put plans in place, and how to access legal and financial resources near you.

Free Legal Clinics with document preparation, contact Legal Service Developer 406.444.7787 for schedule

Information Packet with Montana-specific materials, request from Keri at 406.994.3511 or khayes@montana.edu

Legal and Financial Planning Program for Alzheimer's (available on-line or in-person), contact the Alzheimer's Association at info@alz.org or call 800.272.3900

6 in 10 caregivers were employed in the past year.

18% of caregivers went from full-time to part-time or cut back hours. **Nine percent** of caregivers gave up working entirely.



Six percent retired early.

