



YOU ARE NOT ALONE. alzconnected.org

ALZConnected® is a free online community designed for people living with dementia and their caregivers. Members can connect and communicate with others who understand their experiences. They can do so by posing questions and offering solutions to dementia-related issues, creating public and private groups organized around a specific topic, and contributing to message boards.

VIRTUAL DEMENTIA CAREGIVER RESOURCES



Online Community:
alz.org/alzconnected



Training And Education Center:
alz.org/training



Online Resources:
alz.org/care

alzheimer's association®

VIRTUAL EDUCATION PROGRAMS
Join us via webinar or phone to learn more about dementia, caregiving, and to connect with others.

Learn more and RSVP at www.alz.org/crf or call our 24/7 Helpline at 800.272.3900.

Check out the attached monthly calendar.

THE MONTANA CAREGIVER ACT Montana

The Montana Caregiver Act helps family caregivers when their loved ones go into the hospital and as they transition home. The Caregiver Act requires hospitals to:

- Provide you the opportunity to designate a family caregiver.
- Notify your caregiver when you are to be discharged back home or to another facility
- Instruct your caregiver on the medical tasks that will need to be performed at home such as medication management, injections, and wound care.

Download you own wallet card at www.aarp.org. In the search box, enter CARE Act then scroll down to find the link to Montana. Or contact AARP Montana at 1.866.295.7278. For more information about caregiving resources, visit aarp.org/caregiving.

DIFFERENT WALK, SAME REASONS

- Care & Support
- Research
- Public Policy
- Diversity & Inclusion

A world without Alzheimer's & all other dementia

