



# SEPTEMBER 2023

Interactive Programs & Services Calendar

## ONLINE RESOURCES

### ALZConnected®

This online community connects you with other individuals living with early-stage Alzheimer's. Share questions, experiences and practical tips via message boards or create private groups organized around specific topics.

### Alzheimer's Navigator®

An interactive online tool for people living with dementia and those who participate in providing care and making care-related decisions.

### Online Education Center

Take free workshops about Alzheimer's disease, caregiving, healthy living and planning for the future.

### Live Well Online Resources

A collection of free interactive tools that helps you navigate the personal and emotional challenges accompanying an Alzheimer's diagnosis and provides personalized steps for living well with the disease.

SUN	MON	TUE	WED	THU	FRI	SAT
**Virtual Programs are in Green	To register for virtual programs visit or call 800-272-3900. <a href="http://alz.org/crf">alz.org/crf</a>				1	2
3	4	5 Great Falls Memory Cafe Great Falls Library 12:30 pm  Dillon Support Group 1000 State Hwy 91 S 1:00 pm	6 Alzheimer's and Dementia Workshop Bozeman 9:00 am - 4:00 pm  Understanding Behaviors Edgewood Helena 3:00 pm	7 Healthy Living for the Brain and Body 10:00 am	8 Living with Alzheimer's - Late Stage Butte 1:00 pm	9
10 Urge Congress to Increase Research Funding <a href="http://alz.org/advocate">alz.org/advocate</a>	11 Art in the Moment Missoula Art Museum 1:30 pm	12 Understanding Alzheimer's and Dementia 11:00 am Effective Communication 11:30 am  Research Presentation Touchmark Helena 2:00 pm	13 Understanding and Responding to Dementia Related Behaviors 11:30 am  Havre Support Group 1000 State Hwy 91 S 4:30 pm	14	15 Connections at the Art Museum Yellowstone Art Museum 10:30 am - 12:00 pm	16
17	18	19	20 10 Warning Signs of Alzheimer's 1:00 pm	21 McLaughlin Alzheimer's Screening Great Falls 3:00 pm	22 Alzheimer's and Dementia Workshop Kalispell 9:00 am - 4:00 pm	23
24	25 Understanding Alzheimer's and Dementia Kalispell Senior Center 1:30 pm Effective Communication Strategies 5:00 pm	26 Dementia Conversations 11:00 am	27	28	29 Interested in getting more involved? Let us know at <a href="https://bit.ly/alz-vol">bit.ly/alz-vol</a>	30